

the SOUBEIRAN

AND **KOGU** MAGAZINE



KAMBALA

BI-ANNUAL MAGAZINE
WINTER 2019

“Of all our School values, there is something critical in developing the virtue of humanity.”



Humanity | Courage | Curiosity | Respect

Inspired learning.

Empowering young women of integrity.



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HUMANITY SHINES AT KAMBALA

Shane Hogan, Principal

Of all our School values, there is something critical in developing the virtue of humanity. At this point in Australia's history (and indeed, the world's) the treatment of our fellow humans is being constantly challenged. Is there a need or desire to show greater mercy and sympathy in our judgement of, and action towards, other human beings?

History can be a harsh and cruel judge of past generations and perpetrators who disregard the most basic elements of humanity: kindness, mercy and sympathy. And whilst humanity encompasses us all, it can by definition, refer to the compassion we show one another.

In this edition of *The Soubeiran* there are numerous examples of our girls exploring the many aspects of being human. Sometimes our location (beautiful though it may be!) can keep us hidden and sheltered from the broader world. Human contact and connection with communities in Sydney and more broadly Australian society, is essential to developing emotional intelligence. We often expect kindness, mercy and sympathy from others but when confronted with the need for action — our own, as individuals — can be left wanting.

Whilst there is a plethora of causes we support here at Kambala — from fundraising for The School of St Jude in Tanzania; visiting nursing homes; wall-building in Sri Lanka for World Challenge; to our Indigenous Program fundraiser — it is our daily actions and interactions that have the greatest impact on our being human in its truest form.



Through our Strategic Plan and SHINE program we are currently developing aspects we believe will ensure each student is exposed to opportunities that will develop their sense of place, being and humanity.

Kambala works to facilitate the character development of young women. Throughout her time at Kambala, a girl will complete a series of unique experiences that together, contribute to her holistic development; the development of her mind, body, heart and soul. More tangibly, these experiences aim to cultivate understanding, knowledge and skills in six key critical dimensions:

1. Fitness, flexibility and agility.
2. Social, emotional and communication skills.
3. Heart and service actions.
4. Creativity and problem-solving.
5. Leadership.
6. Intercultural awareness.

Kambala's SHINE program must not only respond to the areas listed but anticipate the conditions in which our girls will need to function as individuals, citizens and members of the future workforce. A pastoral program in the 21st century needs to acknowledge the changing ways in which young people are interacting with one other, the challenges and remarkable opportunities that will continue to shape their personal and social development. By devising experiences to address core competencies, SHINE will allow each student to identify and strengthen her inherent and unique talent and skill, to ultimately contribute to a more productive, sustainable and just society.

FACES OF KAMBALA

Joanne Sarmiento and Kate Moore

Ms Joanne Sarmiento, Director of SHINE

I grew up in Spring Ridge, NSW, and began boarding at Kambala in Year 6, graduating in 1990. I have fond memories of time spent in Tivoli forging long-lasting friendships during midnight feasts and in the camaraderie of living away from home and farm life.

Post Kambala, I studied a Bachelor of Science and Bachelor of Education at Macquarie University. Following work in various ministerial offices, I worked for the Ministry of Health (NSW) and the Centre for Aboriginal Health as part of a team developing the Aboriginal Family Health Strategy.

A change in direction led me to Abbotsleigh Girls' School where I spent 13 years as a Geography, Commerce and History teacher and House Patron. I became the Head of Middle Years at MLC School with responsibility for the pastoral care and academic development of the International Baccalaureate's Middle Years Programme.

I returned to Kambala in late 2017 as Director of Students, responsible for the ongoing development of the Pastoral Care programs for the Senior School. In my new role as Director of SHINE, I will shape the holistic approach to learning and personal development at Kambala.

The mission of the SHINE program is to develop the whole girl; the body, mind, heart and soul of each Kambala student. In developing a students' experience through a comprehensive program assisting the development of six key competencies, each student's SHINE passport will capture the unique qualities she has progressed in and the evidence to demonstrate where and how.



1. Joanne Sarmiento, Director of SHINE.



2. Kate Moore, Deputy Head of Junior School.

Ms Kate Moore, Deputy Head of Junior School

In my 30 years of teaching I have seen the educational landscape change dramatically. This is both an exciting and daunting time to be at the forefront of educational leadership. From a background as a professional musician and early career aspirations in journalism, ultimately it was my love of teaching which inspired me to complete a Masters degree in Education at the University of Sydney after which I embarked on a PhD while lecturing. As I moved towards a career in academia, however, I ended up feeling removed from the place of central influence I had enjoyed in schools.

In 2017 I was delighted to be one of only three international candidates accepted into the Harvard Graduate School of Education's 'Women in Leadership' course. This experience reignited my passion to return to teaching girls. I had spent my formative teaching years in co-ed and girls' schools but the last ten at Riverview, four as Assistant Head of the Junior School. My desire to have an impact on women's leadership led to my move to Kambala. While we have made gains in bridging the gender gap in leadership, there remains a divide that only conscious and deliberate purpose will address. Kambala is a school which celebrates its capacity to make a difference in the world through a focus on each individual student's pursuit of personal and academic excellence. I am delighted to take on the role of Deputy Head of Junior School and in that capacity, be part of a dynamic chapter in girls' education leading to a transformation in women's leadership throughout the world.

FESTIVAL OF MUSIC 2019

Alexandra Farr (Year 12), Music Prefect

The Festival of Music on the iconic Opera House stage begins every year with a bang. Colours, excitement and brilliant music fill the hall.

There is a lot of preparation behind the scenes that isn't shown during the spectacular night. This includes the auditioning process for conductor and instrumental leader, months of finding the songs and arranging one to suit a large choir and another to suit a combination of instruments to show off the best instrumentalists in your House. Not forgetting the three weeks of intensive choral and instrumental rehearsals. The rehearsal process isn't fully represented throughout the night as some House groups learn their pieces at a different pace to others, but ultimately create a marvellous performance. During the rehearsals, House spirit emanated from every room. Music could be heard throughout the hallway and everyone radiated positivity and a sense of camaraderie!

The night began with incredibly complex and impressive performances from our top bands and orchestras. This part of the night showcased the dedication and hard work of the students involved in these ensembles. The Junior School performance of *Come to the Music* caused the Senior School students, particularly the Year 12 girls, to reminisce over their own days of being an excited member of the Junior Choir, looking up to the older girls with awe and admiration.

The energy in the Opera House was palpable as the night went on. Nerves developed into excitement and joy as houses heard each other's songs for the first time. Every girl in the audience was so enthusiastic and considerate of the other performers. Every cheer was meaningful and every smile was radiant with pride. The feelings of the performers on this night were truly indescribable. The students and staff worked tirelessly to support the conductors, who demonstrated a strong sense of leadership and passion for music.

The competition ended with the inaugural Year 12 Choir which demonstrated unity, teamwork and inclusivity of the Festival of Music, truly representing this year's motto *Dare to be Different*.

Finally, a very well deserved congratulations to Gurney House which took home the trophy after performing beautiful pieces and stunning the crowds with their harmonies. The competition was close, with



1. The Junior Choir led by Sara Davy.
2. Wentworth Instrumental Group, featuring Year 12s Rachel Tie and Rachael Chan, Emily Su (Year 11) and Song Ci Yong (Year 10).
3. Gurney – Year 12 conductor, Claudia Chan.

only one point between each House, demonstrating the excellent standards achieved with the dedication and House spirit each girl put into the rehearsals and performances.

This night was truly incredible, particularly for the conductors, instrumentalists and accompanists and others who have been there along the way. The Festival of Music 2019 will be one that we will never forget!



1. Roseby Instrumental Group, featuring Year 11s Alexia Osler and Angelina Forstmann.

2. Saxophonists of the Symphonic Winds Orchestra.

3. Hawthorne Instrumental Group.

4. Roseby House Captains Coco Welsh and Jade Then in a triumphal embrace.

5. Roseby Choir.

KAMBALA KIND HEARTS

Emily Scarf, KPA Executive Member

Kambala has a long tradition of teaching young women the importance of giving back to the community and helping those in need. The Kambala Parents' Association (KPA) is always looking for different ways in which to help foster a caring Kambala community. The latest initiative is Kambala Kind Hearts, a community cook up.

One Sunday morning per term, parents and daughters are encouraged to attend Our Big Kitchen (OBK), a community kitchen located in Bondi, to enjoy two hours of chopping and preparing lasagnes, soups and strudels for those in need. The food is then packaged and distributed to homeless and women's shelters in Sydney.

The KPA retains a portion of the food to deliver to any member of the Kambala community experiencing illness or difficult times. The giving of food made from the heart is a simple act of kindness that lets people know we care about them. The food is delivered in a freezer box with a card, handmade by the girls.

OBK was founded by Rabbi Slavin and his wife Laya, who recognised the need for a community kitchen. The project brought together people from different religious and political backgrounds to complete the building. In keeping with its roots and Australia's multicultural society, the kitchen is Kosher, Halal and HACCP approved. Much of the food is donated by organisations such as SecondBite and Foodbank to minimise food waste and transform fresh food in to home cooked meals.

Despite years of economic growth, huge increases in essentials such as utilities, transport, education and housing costs has meant more people are suffering from financial disadvantage. People who would never have imagined they would need to are turning to charity. The elderly and children are particularly vulnerable and the need for volunteers is essential for Australia to truly be the 'lucky country'.

The KPA plans to grow the Kambala Kind Hearts cooking mornings to include other benevolent programs that involve bringing the girls together to give back to their community in an enjoyable way. The tradition of coming together to prepare food is as fundamental as humanity itself, leaving one with a sense of belonging, purpose and understanding. In this busy, tech-fuelled world, it is important for the Kambala community to come together and experience the joy of giving.



1. Mums and daughters enjoying the community cooking experience.

2. Year 7 Kambala Kind Hearts volunteer group.

3. Girls enjoying making lasagne.

Some great initiatives to help other Australians doing it tough include:

www.kidsgivingback.org

www.kitbagforkids.org

www.foodbanknsw.org.au

www.secondbite.org

Kambala Kind Hearts will meet again at 10.00am on Sunday 18 August 2019. Further details will be published in *The Whole Girl*.

INDIGENOUS PROGRAM FUNDRAISER

Shona Goggin, Indigenous Program Coordinator

Kambala is passionate about educating and empowering Indigenous girls to make strong and positive contributions to their family, community and nation as citizens and leaders.

We are currently raising funds to close the gap for things that ABSTUDY and the Yalari Scholarship do not fully cover. We believe in giving Kambala's Indigenous students an equal opportunity to participate in all that our School offers.

On Friday 1 March, Kambala hosted an Indigenous Program Cocktail Party Fundraiser. The evening commenced with Koomurri Cultural Advisor, Russell Dawson, welcoming guests with a didgeridoo performance and traditional smoking ceremony. It was a very special way to begin the evening and to also welcome Russell's wife, Connie, and their twin daughters to the School, who came to show their support. The smoking ceremony — an ancient aboriginal custom which involves the burning of native plants to produce smoke — felt symbolic to our cause. The smoke's cleansing properties is to ward off bad spirits (from both people and the land) to make a pathway to a brighter future.

Guest speaker Margo Neale, Head of the Centre for Indigenous Knowledges; Senior Indigenous Curator; and Adviser to the Director of the National Museum of Australia gave an insightful and impassioned speech. Whilst Old Girl and Kambala's first Yalari graduate, Shanelle Smith '17, inspired all with her speech, providing insight into how the community can work together to close the gap.

The evening was made even more special thanks to several generous sponsors, including Cater Care, who provided a delicious Indigenous-inspired menu, finished with Wattleseed and Raspberry Chocolate Fudge Brownie Bites! Kambala Parents' Association (KPA) and auctioneer extraordinaire and Kambala Dad, Murray Happ, also provided much help.

As always, the wonderful parents, students, Old Girls and staff who attended Kambala's Indigenous Program Cocktail Party Fundraiser showed their support to help raise over \$12,000.

The Indigenous program is close to our heart as it helps support our Aboriginal and Torres Strait Islander students. We intend to nurture and grow this program and the annual fundraiser long-term. If you would like



1. Yalari students – Back L-R: Kiara Sutton (Year 11), Kailani Bartlett (Year 7), Monique Laurie (Year 12) and Esther Knowles (Year 9). Front L-R: Ilesha Gray (Year 8), Taleyah Hippi-Laurie (Year 12), Hayley Green (Year 7) and Tayah Riley (Year 8).

2. L-R: Kiara Sutton (Year 11), 2017 Yalari Valedictorian and Old Girl, Shanelle Smith '17 and Kailani Bartlett (Year 7).

3. L-R: Lisa Lewis; Head Prefect, Darcy Goddard; Jackson Athas; Brigitte Athas and Boarding Prefect, Monique Laurie.

Photo credit: Fiona Ferguson (Year 12).

to learn more about the Indigenous program or would like to donate, visit www.kambala.nsw.edu.au/community/indigenous-program. If you are interested in learning more about our mentor family program, please email Indigenous Program Coordinator shona_goggin@kambala.nsw.edu.au. To learn more about sponsoring a student for a year or more, please contact the Principal.

THORNY ISSUES

Imogen Allchin, Year 12 student

Thorny Issues is a student-led initiative in which we invite inspirational women to Kambala to speak about, well, a thorny issue that relates to them. Thorny Issues was founded with an aim to inspire Kambala students to dare to be different. The initiative aims to cultivate a sense of leadership, empowering young women to make a change within their local and global communities.

Although Kambala girls are students today, they will become the leaders of the future; the ones who will challenge and shape societal values and policies. Given mentoring helps women ideate about what they will become, I believe that it is crucial for the women who are already shaping society to offer guidance to the women who will shape society in the future.

The way in which this all came about is quite a funny story. Amongst other women, I was inspired by Clementine Ford and her book, *Fight Like a Girl*, which I was studying in English. My wonderful mother booked tickets to the All About Women Festival as Clementine, along with other brilliant women, was speaking. Giddy and star-struck, we queued for an autograph and photo with Clementine. The next day at school I was buzzing, devising a plan to host Clementine at Kambala. Walking back to the Boarding House that afternoon with a friend, Mr Hogan stopped to say hello to us, commenting on the fine afternoon tea we were munching on that particular day. Instead of offering my thoughts on this matter, I paused, mid-step, and blurted out my aspiration to invite Clementine to Kambala. Mr Hogan's response was, "Fabulous – book a meeting with me". And that was the beginning.

Preparations for Thorny Issues began in March 2018, soon after meeting with Mr Hogan. After gathering a Year 12 team and a few other preparations, Thorny Issues was officially launched on 10 March 2019, with our inaugural guest speaker Dr Kerryn Phelps. Dr Phelps is a truly inspirational woman who has made her mark on medicine, activism and now, politics. The Year 12 team, consisting of Jaimee Masnick, Coco Welsh and I, encouraged students to attend this talk by shouting it down the corridors! We made an announcement at a whole School Assembly and did a public announcement on the day Dr Phelps arrived. This 'gentle' encouragement clearly paid off, as the room overflowed with staff and students alike.



Pippa Hanan (Year 12), Dr Kerryn Phelps, Jaimee Masnick (Year 12) and Imogen Allchin (Year 12) at the inaugural Thorny Issues session.

Although it is still early days, speakers we hope will be involved in this initiative include Cathy Freeman, Mia Freedman, Josephine Linden, Sam Mostyn and Anne Summers. Some of our dream guest speakers include Jacinda Ardern, Florence Nightingale, Michelle Obama, Oprah Winfrey, Virginia Woolf and Malala Yousafzai.

Finally, none of this would be possible without collaboration. It is an absolute pleasure to work with my two gorgeous co-founders, Jaimee Masnick and Coco Welsh. Thank you to Ms Victoria Thwaites for assisting in recruiting a Year 11 team and for mentoring and inspiring me. To Ms Tali Rubinstein, who does more than anyone for this initiative, thank you for your untiring efforts. And, of course, thank you to Mr Hogan, your support and encouragement has been tremendous.

All in all, I hope that Thorny Issues continues to provide an opportunity for the student body of Kambala to become inspired and motivated by the mentoring of some amazing women, and to gain an insight into what the world has to offer beyond Kambala.

YEAR 5 GIRLS GIVE BACK

Amber Rains, Year 5 Teacher

As part of the Year 5 Service Learning program, on Wednesday 29 May, students travelled to Bondi's Our Big Kitchen to participate in a Kids Giving Back program.

Kambala girls learned how to make and bake scones, getting their hands dirty for a good cause. They participated in an activity where they blended the flour and butter together; one student closed her eyes while the other instructed her movements and directions. This was to allow students a moment to consider how difficult life can be for the elderly, especially those living with dementia. The girls were challenged – though pleasantly rewarded when the smell of delicious scones wafted their way.

The group was then split up to visit three nursing homes within Sydney's eastern suburbs. The groups took along their freshly baked scones, in order to have a morning tea break with some of Sydney's elderly. One group visited SummitCare in Waverley with Mrs Heidler where they met residents; the girls moved around talking and distributing scones, which they thoroughly enjoyed. The girls began and ended their visit by entertaining the residents by singing the *Kambala School Song* with gusto.

Another group visited Regis Rose Bay with Miss Badin. Some girls sat with seniors and shared stories whilst others visited residents in their rooms with a scone or two, and jam and cream. One of the ladies the girls gave a scone to was so delighted she exclaimed that there were too many of them to kiss on the cheek so she chose to simply shake their hands. The girls also met a 107-year-old lady who spoke Greek only and luckily, one of our Kambala girls was able to have a conversation with her in Greek.

The final Year 5 group visited Beresford Hall with myself. They met one lady whose favourite colour is pink and another who is an Old Girl and was a teacher who sang along with the *Kambala School Song*. The girls learned about some of the daily challenges the elderly face and how a simple hand-hold or story can warm anyone's heart.



1. Year 5 girls preparing their scones for baking.
2. Tara Hinksman and Alexa Bracher enjoying a deep conversation with one of the Beresford Hall residents.
3. Year 5 girls at Our Big Kitchen in Bondi.
4. Year 5 girls awaiting the elderly residents for a juice and scones break.

GRANDPARENTS' DAY AT MASSIE HOUSE

Ellie Styles, Junior School Reception and Administration

On Monday 8 April we celebrated Grandparents' Day on a glorious autumn morning on Kambala's 'hill of flowers'. Over 200 grandparents and friends visited Massie House for our special celebration.

The morning started with a singalong from Prep students followed by a classroom visit. All the girls took great delight and excitement in sharing their classroom activities with grandparents and significant others. This was followed by morning tea on Hampshire House Terrace.

Transition to Year 2 girls then presented a special Grandparents' Day Assembly in Alexander Hall. They were joined by Principal, Shane Hogan and Head of Junior School, Stuart Coppin. The girls sang special songs for their grandparents and the Year 2 Drama girls recited the poem *What are Grandparents Made of?*

We would like to thank everyone who joined us, and to end with a quote from 1S student, Araminta Dusseldorp, who resonated on this special occasion: "You are always there for me".



1. Students performing at the Grandparent's Day Assembly.

2. Year 2 student, Emily Carman addresses students and grandparents.

3. Prep student, Eva Yunaev (PU) with her Grandad Anatoly Yunaev.

4. Year 1 student, Isabelle Onley (1U) with her Grandmother Patricia Onley.

5. Prep student, Aoife Lakes (PU) with Grandad and son of Old Girl Joan Anne (King) Halliday, Stephen Hall.

6. See Xi Yeoh (TS) and Amelia Koh (TS) with Chang Hoo and Christina Tan.

7. Prep student, Mila Clark (PS) with Brian and Sandra Clark.

THE BENEFITS OF KINDNESS AND COMPASSION

Kate Moore, Deputy Head of Junior School

The foundations of a good education lie not in the latest resources, the best architecturally designed classrooms or the fastest computers but rather, in humanity.

Time and again educational research determines student wellbeing and connectedness to be the number one indicator of academic success (De Bortoli, 2018). Providing a safe, supportive and respectful learning environment for students provides them with a sense of belonging, which inspires engagement and empowers them to reach their full potential. What is further enabling is a community where the partnership between teachers and parents is strong, positive and supportive.

The challenges schools face have certainly increased over the past 30 years and first and foremost is the challenge of promoting student wellbeing. How do we as educators respond to the complexities of a world where social media sets unrealistic expectations and provides instant gratification or disappointment? Where young Australians are more tolerant, confident, open-minded, and ambitious than ever but also disengaged, distrustful and anxious? (Twenge, 2014).

The answer lies in schools having the tenacity to be counter-cultural, to eschew an overreliance on technology and fast-paced 'surface' learning in favour of critical thinking, problem-solving, deep thought and reflection. In an age where we have instant access to a wealth of information, teaching has to be more than the transmission of content. Education has to shift its focus to what cannot be Googled and support students in developing their humanity by putting their connectedness and wellbeing at the forefront of all it does.

In Junior School, this takes a variety of forms: from banning mobile phones and underage social media use; to providing targeted programs and learning opportunities focused on building resilience, mental health, social and emotional skills. Our *Bounce Back*, *U R Strong*, *Enlighten Education* and *RAP* programs are just some of the many opportunities to expose our students to vital skills and strategies which will enable them to develop their humanity, connect with others and ultimately, flourish academically.

Kindness and compassion are at the core of what it means to be humane. A focus on students who show kindness and compassion goes a long way to encouraging this environment and our newly



1. Lainie Liberiou, Ava Charalambous and Abi Kenna.
2. Year 6 students during a Canberra trip.
3. Year 6 leaders representing Kambala at the Halogen Youth Leaders' Conference.

introduced Junior School Kindness Cards are a celebration of the humanity at the heart of our school.

Kambala provides an inclusive and diverse culture, which allows students to explore a broad range of opportunities. Together with a focus on wellbeing, this enables our students to be in the best place possible to be successful in their endeavours and in turn, be those who influence a kinder, more compassionate and humane world.

References:

- De Bortoli, L (2018) *PISA Australia in Focus Number 1: Sense of belonging at school*
www.research.acer.edu.au/ozpisa/30
 Twenge, JM (2014) *Generation Me*

EMPOWERING WOMEN OF INTEGRITY

Stuart Coppin, Head of Junior School

“You can’t be what you can’t see”, Marian Wright Edelman.

At Kambala we see it as our duty to put in front of our girls powerful role models. More importantly it is crucial for the girls to see women who are able to make a difference in this world. Women who they are one day able to become. Whilst we believe every day is International Women’s Day at Kambala, it is incredibly vital each year to take time to mark this occasion.

Since commencing at Kambala in 2016, our School has forged a relationship with The School of St Jude in Tanzania. Focusing on the powerful work of Gemma Sisia, the foundress of the school. The narrative is powerful: an empowered young woman from rural Australia departs for Africa with \$10 in her pocket, determined to make a difference through the gift of education. Fast forward to 2019 and Gemma Sisia’s School of St Jude has 2,500 students and is a 20 million dollar per year organisation.

The girls in the Junior School at Kambala, through their yearly House Spell-a-thon and House Number-a-thon, have been able to contribute more than \$60,000 to The School of St Jude. Each year, Gemma shares elements of the educational journey at St Jude in our Junior School Assemblies. Our girls have listened as Gemma explains that only one member per family in Tanzania can attend the school and they must pass a poverty test. This test states that students must live in a house that has dirt on the floor and no glass in their windows.

On Friday 8 March, Gemma Sisia was the guest of honour at our 2019 International Women’s Day Breakfast along with Year 12 graduate, Godwin Silayo. The mothers, daughters and staff from our Kambala community thoroughly enjoyed hearing Gemma’s vision and inspiring story. St Jude’s graduate, Godwin, was able to share that he is going on to study aeronautical engineering at university in America thanks to the gift of education from The School of St Jude. We were also lucky enough to host Old Girl, Anais-Marie Menounos ’12 who is forging her own path



Head of Junior School, Stuart Coppin; Godwin Silayo; Principal, Shane Hogan; Gemma Sisia and Darcy Goddard at the International Women’s Day Assembly in March.

and has recently begun works to establish a school in Ghana.

Following the breakfast, Gemma wrote to us to extend her thanks and gratitude to the Kambala community:

“I just wanted to write you once I had the chance to wind down and properly thank you for hosting such an incredible International Women’s Day Breakfast. Godwin, Maddie and I all agree we were truly humbled and blessed to spend the morning with such an insightful group of young women, their parents and staff from the Kambala community. It’s clear from the calibre of your current student leaders and the ex-students we met that you are producing future leaders – much like we are trying to do at School of St Jude!”

WHAT CAN HISTORY TEACH US OF HUMANITY?

James Whitehead, Head of History

If History is the study of human societies then humanity must be a central pillar to fully understand the complexity and beauty of all human existence.

History can often focus on the dark things humans are capable of and that expression of humanity can be harsh and difficult to understand. From the brutalities of slavery, massacres and war, these complexities are at the core of the subject and why we still rigorously debate events that may seem irrelevant to our own existence. Do the atrocities of the Boer War directly impact us today? Maybe not, but the legacy of Apartheid still hangs over South Africa and the world.

Societies have to deal with guilt as an expression of their common humanity, and how that society responded to that is an important element. The German nation is often credited with dealing with its responsibility for World War II with a mature and measured approach, yet the Germans allowed, even encouraged, thousands of ex SS officers to serve in the new Federal Republic of West Germany's judiciary and government. The lasting impact of that is still being felt today.

Yet within the sphere of misery, doom and gloom, even the darkest act of humanity can shed light on human goodness. The greatest acts of compassion can take place in the darkest corners of history. Thanks to the study of History it is not just the Oskar Schindler's of the world who are remembered but also the nameless individuals who have made great sacrifices for others: Inga Clendinnen's history of the Holocaust contains many moving and heroic stories of individual selflessness. History is full of stories of individuals behaving with compassion, tenderness and resilience. It is important when history is taught that these stories are remembered and told as a way of reminding our students of the wealth of humanity that exists in the world, both in the present and the past. Stories of heroic acts can help pupils to understand and respect our common humanity and diversity, and can provide the conceptual means to make sense of their lives.



Auschwitz: The greatest acts of compassion can take place in the darkest corners of history, such as those stories of selflessness during the Holocaust.

History teachers are occasionally asked why pupils should study History, how is it relevant? It all took place such a long time ago. History reminds us of our humanity, and encourages us to be the best we can be.

History is inescapable just as humanity is, and the connections are there for all to see.

Further reading:

Inga Clendinnen: www.blackincbooks.com.au

www.history.org.uk/primary/categories/793/module/3638/leading-primary-history/3646/history-and-citizenship

www.theguardian.com/theobserver/2006/jul/09/featuresreview.review

www.history.ac.uk/makinghistory/resources/articles/why_history_matters.html

LEADERSHIP IN SPORT

Kath Sambell OLY, Director of Sport

Year 12 students Annese Lingafelter and Coco Welsh are House Prefects for Hawthorne and Roseby House respectively. Both are actively involved in a range of academic and co-curricular activities. However, it is their enthusiasm and passion for sport and their roles as leaders of the Tildesley and Swimming teams that has honed their insights into leadership and sport.

How did you get involved in sport at Kambala?

CW: I first arrived at Kambala in Year 5 where I played Netball and Touch and dabbled in Athletics and Cross Country. I didn't start playing Water Polo until I was in Year 8 when I joined the UNSW Killer Whales.

AL: I came to Kambala in Year 7 and joined the Tennis and Netball teams, as I had played both in my previous school. I enjoy the team aspect of Netball and the fact that Tennis is an individual sport.

What is your main goal and focus with your sport?

CW: I aimed for selection in the IGSSA Swimming team to compete at NSW CIS. It was very rewarding to get into the IGSSA team and compete in the 50m backstroke in my final year! My Water Polo highlight was winning the Canberra Cup, NSW State and the Australian Championships in 2017.

As a House Prefect, what have you aimed to achieve as a leader?

AL: I encouraged the girls to compete at the Swimming, Cross Country and Athletics Carnivals. I am not the most gifted swimmer or runner but I wanted to lead by example.

As Captains of Swimming and Tildesley, how have you led the teams and what are some highlights?

CW: Winning Division 2 in 2019 after being the Most Improved School in 2018. Team members were nervous about competing but I encouraged them to strive for their personal best. Everyone encouraged and supported each other.

AL: Watching the other girls play. My doubles match wasn't great but my partner and I gave it our all. The team was very supportive; I love how Tildesley has a team focus not an individual one.



1. Rosie Antico and Annese Lingafelter during their Tildesley Shield doubles match.

2. Coco Welsh in action in the pool.

3. Annese Lingafelter playing in the Tildesley Shield.

4. Coco Welsh at the 2019 IGSSA Swimming Carnival.

What advice would you give to Kambala girls about sport?

AL: Stay involved. No matter what level you play at. The great thing about Kambala is that you are encouraged to play even if you are not in a top team. You form friendships from sport and I am proud to say that through Tildesley I have made friends with girls from Years 7 to 12.

How do you keep a balance between your academic studies and sport?

CW: I always think busy people get things done. I take the opportunity to work on my academics whenever I have spare time. I love timetables and organise my week to accommodate my sporting and academic activities.

INTO THE WOODS PRODUCTION

Lisa Moir, Head of Drama

Being involved in a school production creates incredibly strong bonds with others over a relatively short period of time and indeed, new friendships was one of the benefits most appreciated by the cast of *Into the Woods* over the eight-month rehearsal period. The cast members also repeatedly expressed their appreciation of often newfound skills gained in singing, acting and collaboration.

The creative production team and I were particularly thrilled by the development of students' vocal and physical skills as they learned to embody the complex fairytale characters and choreography, whilst maintaining full expression of Sondheim's sophisticated musical score. *Into the Woods* also gave opportunities for students to uncover hitherto unknown technical production skills in lighting, sound, properties and stage management.

Into the Woods was a mammoth production in scale and complexity that was brought to brilliant fruition by the combined skill and effort of the student cast and musicians; the Drama and Music Departments; the professional creative team; the student 'Krew' and many generous and talented parent volunteers. At its core, *Into the Woods* teaches us that life is a process of moments. Some good, some bad, some joyous, some excruciating. Our actions within those moments are what ultimately matters.

Reflections from cast members:

"Being in *Into the Woods* has been an incredible experience. The show is very musically demanding and dramatically complex. Having the opportunity to explore a character that I admire, in such a sophisticated show has taught me so much about acting, singing, dancing, interpretation and collaboration." Kim Clifton – Baker's Wife

"Being a part of *Into the Woods* has been an amazing experience filled with everlasting memories. I have created and strengthened many friendships with students in older and younger years, as well as with students from other schools." Olivia Georgas – Cinderella

"Going into rehearsals, I was a bit tentative and nervous. I had little experience being on stage in a production, as I have always been in the orchestra. With long rehearsals every week, I learned how to



1. The talented cast of *Into the Woods*.
2. Act 1 Finale!
3. Jack's mother confronts the Giant.

manage my time by completing my work efficiently and quickly. I also learned how to deal with stress levels!" Katya Davy – Baker's Wife Understudy/Harp

"Coming from a non-singing background, Toni Powell and Mr Grandison significantly improved my ability and confidence as a singer. The experience also allowed me to be mentored by hardworking and talented Year 12s and 11s. Their work ethic and talent inspired me as an actor." Alix Anastasiadis – Narrator

"Being a part of a musical production has always been a dream close to my heart. During my time in the cast, I have grown and learnt so much. It has made me more comfortable in my performance skill and more open to accepting critical and constructive feedback." Isobel Owens – Cinderella

SENIOR ATHLETICS CARNIVAL

Kath Sambell OLY, Director of Sport

On Thursday 9 May, Senior girls participated in Kambala’s annual Senior Athletics Carnival. The day unfolded with several personal and School records being broken, results as listed.

- Junior Championship 200m:** Ava Kuehn (Year 8)
- Intermediate Championship 200m:** Sarah MacCulloch (Year 11)
- Senior Championship 200m:** Charlotte McGill (Year 12)
- Open 100m Championship:** Charlotte McGill (Year 12)
- Open 1500m Championship:** Kirsty Beattie (Year 11)
- Junior 1500m Championship:** Emma Janes (Year 7)
- Intermediate 1500m Championship:** Maisie Wilmer (Year 10)
- Senior 1500m Championship:** Kirsty Beattie (Year 11)
- Junior Individual Pointscore:** Grace Hyder (Year 7)
- Intermediate Individual Pointscore:** Sarah MacCulloch (Year 11)
- Senior Individual Pointscore:** Charlotte McGill (Year 12)
- Clarke Field Events Cup:** Grace Hyder (Year 7)
- Elizabeth Waite Memorial Trophy:** Grace Hyder (Year 7)

Total Point Score

1st	Hawthorne	760
2nd	Gurney	740
3rd	Wentworth	730
4th	Roseby	719

Records

- 2019 Charlotte McGill (Year 12) Open Championship 100m 12.25s
- 2019 Charlotte McGill (Year 12) Senior Championship 200m 26.84s
- 2019 Charlotte McGill (Year 12) Senior Long Jump 5.71m
- 2019 Bianca Sachr (Year 10) Intermediate Championship 100m 12.57s
- 2019 Junior Discus Grace Hyder (Year 7) 29.10m

- Junior Inter-house Circular 4x100m Relay – New Record 56.90s – Hawthorne – Soraya Chen, Ava Kuehn, Elizabeth (Lizzie) Ricardo, Taliah Strang
- Intermediate Inter-house Circular 4x100m Relay – New Record 54.20s – Roseby – Sophie Bruce, Eliza Finlayson, Liana Marnoch, Bianca Sachr
- Senior Inter-house Circular 4x100m Relay – New Record 56.20 – Wentworth – Katya Davy, Charlotte McGill, Sophie Snyman, Rachel Tie



1. Jumping for joy at the Athletics Carnival.
2. Open 100m Championship race.
3. Open 100m Championship finalists.



1. 13 years 800m.
2. Junior 1500m.
3. Intermediate 1500m.
4. Alex Lewis (Year 11) Shot Put.
5. Phoebe Scotts (Year 10) ready to throw the Discus.
6. Grace Hyder (Year 7) breaking the Junior Discus record.
7. Elissa Lieu (Year 12) at the Long Jump.
8. Wentworth sets a new Senior Circular Relay record.
9. Olivia Stark (Year 10), Bianca Sachr (Year 10) and Eliza Finlayson (Year 10).
10. Olivia Cramer-Roberts (Year 11) clears the bar.

TRIBUTE TO MISS CATHERINE MACLEAN

Alanna Nobbs, Sally Vyner, Lynne Walker

Catherine MacLean was born on 8 August 1930 in her family home on Kambala Road, Bellevue Hill. She graduated from The University of Sydney in 1950 with a Bachelor of Arts, majoring in English and History, before obtaining a Diploma of Education from Sydney Teachers College. She later returned to The University of Sydney to complete her M.A at the School of History.

Although beginning her teaching career with five years at Ascham, Catherine took up a position as Senior Staff Mistress at Kambala from 1958 to 1963, a position which she regarded as the highlight of her teaching career. She was so enamoured that she later determined to leave her property to the School.

Catherine was a successful teacher of both Modern and Ancient History, where her pupils performed extremely well and with whom she had great rapport. She befriended many teachers in her time, and was taken under the wing of both the Principal, Miss Fifi Hawthorne, and her Deputy, Miss Hilda Epstein.

As Principal, in 1961 Miss Fifi Hawthorne wrote:

"Miss MacLean is highly intelligent. She has a very wide and sound knowledge of History ... and has very successfully taken classes from first to fifth years. She has a deep interest in the children she teaches, with keen insight into their character. As she has innate refinement, good taste and an appreciation of the higher values of life, she is a most suitable person to be in charge of young people." 30.1.61

Further on in her career, Miss MacLean took up the position of Headmistress at PLC Armidale, followed by positions at Kincoppal Rose Bay and at schools in Toowoomba before retiring and returning to Armidale where she lived for the remainder of her life.

Throughout her life, Catherine was a keen gardener, and so on returning to Armidale she extended her interest in roses. Over the years that followed, she planted over 1,000 roses! The garden became a local attraction, drawing visitors from all over. On two occasions she opened her garden to the public to raise money for Children's Medical Research and for her old school, PLC Armidale.



As she entered her 80s, her enthusiasm and energy for roses had not diminished. In 2012 she undertook to donate 600 of her Heritage roses (pre-1940) to a local National Trust property, *Saumarez*, which enabled the local branch of the Australian Garden History to establish a significant rose garden which is still open to the public today. The garden is of such significance that it won a National Trust Award for Conservation of a Significant Collection in 2016.

Miss Catherine MacLean died peacefully after a short illness, in Armidale Hospital surrounded by her friends, on 28 March 2018.

Catherine MacLean was inspired by her time at Kambala as a Senior School Mistress. To honour her time at Kambala, Catherine chose to leave a great gift to the School, the bequeathing of her entire estate. It was Catherine's wish that her bequest be used to support students who may otherwise not be able to attend Kambala, in the form of a Scholarship. It is with great pride that the means tested Catherine MacLean Scholarship will provide this opportunity to hopeful students. We are grateful to Catherine for the legacy that she has entrusted to the School.

*This tribute was compiled by her former pupils Alanna (Conlon) Nobbs '61 of Kambala and author of **Kambala The First Hundred Years 1887-1987**, Sally (Simson) Vyner of PLC, and close friend Lynne Walker from gardening contacts.*

BEQUEST: LEAVING A LEGACY

Cath Scott, Community Liaison Manager

Including Kambala in your will is a meaningful and truly wonderful way to contribute to the School, ensuring the best possible educational facilities and opportunities for generations to come.

Kambala’s excellence today is due in no small part to the generosity of past generations and we ask you to consider this option for the benefit of future students, just as Catherine MacLean did through her generous bequest which generated a means tested scholarship.

You may specify your wish to support a particular cause, for example a needs-based scholarship, capital works, or the Indigenous program, or you may wish for the Principal to use discretion in allocating your bequest where it is needed most.

Leaving a gift such as this in your will is a very personal decision, but one that will make a lasting impact on future generations. To discuss making a bequest or for further information, please contact Cath Scott at cath_scott@kambala.nsw.edu.au to arrange a suitable time.

HUMANITY AT KAMBALA

Zara Baxby, Advocacy Prefect

The virtue of humanity at Kambala centres around the three aspects of love, kindness and social intelligence. Kambala encourages a continuous consideration of the power of one’s humanity and how to best embrace the position we have in the world.

The value of humanity can be felt at all levels in Kambala, whether that is through the girls, the parents, the Old Girls or the teachers.

Currently, Kambala’s Social Justice program aids the girls by connecting world problems to their local community. This is extremely effective in building empathy and developing social intelligence around global issues to which they previously may not have been privy.

The Social Justice programs provided at Kambala guide students to develop into global citizens. Girls will be presented the unique opportunity to engage in positive changes to humanity.

The positive, nurturing environment of the School is a testament to the humanity already present in it; there is genuine care for one another. I believe the future of humanity at the School is based on fostering that love and kindness and extending it to the broader community.



The positive, nurturing environment of Kambala is a testament to the humanity already present in it.

PROMOTING HUMANITY IN PDHPE

Robyn McMillan, Head of PDHPE

The PDHPE Department supports the health and wellbeing of all students in its care. It assists to develop Kambala's values of Humanity, Courage, Curiosity and Respect. We achieve this in many ways both inside and outside the classroom. The study of PDHPE from Transition to Year 12 aims to enable students to develop the knowledge, understanding, skills, values and attitudes required to lead healthy, safe and active lives.

Health and Humanity Studies

The PDHPE syllabus addresses numerous issues such as mental health, drug education, nutrition, relationships, sexual health and safety. One of our main tasks is to develop critical skills for dealing with personal health and lifestyle choices. This will aid students' ability to achieve their potential and become advocates for healthy living.

PDHPE at Kambala encourages young people to take a positive approach to managing their lives and equips them with skills for current and future challenges. The PDHPE program develops the capacity to take responsibility for students' own learning and make a commitment to continue learning throughout life.

Fitness and Health

We believe that physical activity helps to bring a sense of purpose, value and quality to students' lives. This year we embarked on a new initiative, a component of the SHINE program. The 'SHINE Fitness Profile' will enable every student to track and support their physical growth and development from Year 7 to Year 10. Each student will use their own information for reflection and planning, with a strong focus on improvement. The aim of the program is to collect data on the progress of students' physical capabilities including agility, flexibility, speed, power and endurance. The amazing effort by all students in House groups was most impressive during Term 1. Testing will be repeated in Term 3 to monitor student progress.

New PDHPE Syllabus

The Department has been engaged in writing programs which reflect the new PDHPE NESA syllabus to be implemented during 2019/2020. The content of the new syllabus is organised into three content stands: Health, Wellbeing and Relationships; Movement Skills and Performance; and Healthy, Safe and Active Lifestyles.



1. Top Biathlon results under 8 minutes! L-R: Maisie Wilmer, Isobel Davies, Olivia Clyne, Issy Perkins and Emily Purseglove (absent Tara Riley-Goode).
2. Ms McLean discusses women's health issues with Year 10 students.
3. Swimming training at the Playfair Pool.

Junior School

Our Junior School girls are actively involved in a variety of skill development in Physical Education lessons. During Term 1 girls built their fitness in swimming and lifesaving classes. During the year students will participate in a range of activities including Athletics, Invasion Games, Fielding, Striking and Target Skills, Gymnastics and Dance. The Junior program also includes a variety of minor games to develop hand-eye and foot-eye coordination with an emphasis on skill development and enjoyment.

The PDHPE Faculty has a fundamental role in supporting the value of humanity and minimising student health problems through strategy and skill development and the promotion of wellbeing.



**KAMBALA
OLD GIRLS**

COMMUNICATE
CONNECT | CELEBRATE

KOGU CONTACT DETAILS

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Web kogu.kambala.nsw.edu.au

Be Social with KOG



Follow us on Facebook
facebook.com/KambalaOldGirlsUnion



Follow us on Instagram
instagram.com/kambalaoldgirls



Join our LinkedIn Group
linkedin.com/groups/5118542

Students of St Nicholas Mission Academy in Kokrobite, Ghana, a school started by Kambala Old Girl, Anais Menounos '12.



KOGU President
Jane Poole '79

PRESIDENT'S REPORT

Jane Poole '79

One of the aspects of being President of Kambala Old Girls' Union is the opportunity every six months to reflect on how our Old Girl community represents the theme of *The Soubeiran*, which for this edition is Humanity.

As one of Kambala's core values, the significance of humanity as a virtue is instilled in Kambala's students, and it is wonderful to see so many of our Old Girls carrying this value through their lives by putting humanity at the heart of their actions. We have such richness and diversity in our Old Girl community with many inspiring examples of people striving to provide better opportunities for others. I hope you enjoy reading the profiles of a small sample of our Old Girls doing wonderful things.

In our own way of providing opportunities for others, KOGU is delighted to announce the KOGU Grant, which Judy Playfair writes about later in this edition. The Grant will create an opportunity for recipients to participate in the full range of extra curricular activities provided by Kambala.

We are also delighted to be profiling the newest additions to the Inspirational Old Girl Series, Dr Airlie Chapman '01 and Lucy (Fleming) Ricardo '82, two very worthy individuals who both have significant achievements in their own fields – Mechatronic Engineering and Disability Arts.

At our AGM held in February, we were sad to see Melinda Hudson and Debbie Taylor step down from the Committee, Melinda after over 10 years of amazing contribution and Debbie after three years as our very capable Treasurer. I would like to thank them both again for their support of KOGU. We are delighted to welcome three new

KOGU FUNCTION DATES 2019

Term 3

Wednesday 31 July	2019/2020 KOG Mentoring Program Launch – 6.30pm
Wednesday 7 August	KOGU Committee Meeting – 6.30pm
Thursday 29 August	KOG Generations Morning Tea – 10.00am

Term 4

Wednesday 23 October	KOGU Vintage Lunch – 11.30am
Wednesday 6 November	KOGU Committee Meeting – 6.30pm

**Please note the Tennis Day and Hawthorne Cup is now biannual and will be contested again in 2020.*

Committee members, Maria Fidler '14 as Treasurer, Kanwal (Rahman) Madni '91 who brings a wealth of social media experience with her and welcoming back Anthea (James) Balzer '08 who has already led the Careers Evening for Years 11 and 12 for KOGU this year.

We aim to provide a range of opportunities for you to connect with each other and the School, no matter where you live. To connect with our country friends, we were excited to host a fun dinner for the broader Kambala community in Narromine on 18 May. Keep an eye out for new social media channels we are developing and remember to keep us updated with your contact details so we can let you know of upcoming events of interest.



GET CONNECTED AND STAY CONNECTED

How to update your contact details:

Website: www.kogu.kambala.nsw.edu.au/
Go to 'Your Account' and register or login using your name.

Phone: 02 9388 6888.

Email: kogu@kambala.nsw.edu.au with your name, cohort year, maiden name (if applicable) and postal address details.

LinkedIn: Add Kambala to the education section of your LinkedIn Profile.



60 YEAR REUNION

Cathy (Saywell) Harris and Lois (Noel) Baillie '59

An enthusiastic group of 20 women returned to the Drawing Room of Tivoli on a beautiful day in May to celebrate our 60th anniversary – the “1959ers”.

Organiser Cathy (Saywell) Harris did a wonderful job with the organisation of the event including red, blue and green theming to represent the Wentworth, Roseby and Gurney House colours.

Sitting around a beautifully decorated table, we caught up on the happenings, the experiences, our memories going back, in many cases, to Lower Kindergarten in 1947, while we enjoyed a delicious luncheon. As Captain of Gurney, Diana (Green) Browne cut the cake and we send compliments to the chef.

A fascinating PowerPoint presentation of about 150 photos sent by at least 12 friends including some from overseas, Aline (Castle) Adler from Derby UK and Sallyann (Nivison) Moussouros from Corfu, ranged from a seventh birthday party to the ‘last day of school’ picnic to the after school lives of our school mates. This kept us exclaiming with memories of an amazing and unique school experience. It was so interesting to hear what other people remembered about the same events. We thank all those who helped with this presentation.

Copies of the words of The Story of the Cross, which we oldies will recall we sang on Fridays during Lent in Assembly, were of interest to a number of the party. We all thank Brooke Kathriner for her help and consideration in the organising and the running of a truly very happy event.



The Class of 1959 celebrate their 60th Reunion at Kambala.

Back row: Priscilla (Snelling) Flemming, Tina (van Andel) Vitaris, Sue (Single) Wayland, Chris (Hughes) Hardwick, Cathy (Saywell) Harris, Winsome (Edwards) Baker, Ngaire Coghlan.

Middle row: Jenny (MacRae) Morgan, Diana (Green) Browne, Lois (Noel) Baillie, Jenny (Jones) Garrett, Freya (Knofel) McKellar-White, Deirdre (Taaffe) Woosnam.

Front row: Sandra (Crago) Davidson, Tina (Amadio) Rosenblat, Penny (Morris) Bonnell, Jenny (Bateman) Nevin, Janet (Keesing) Mason, Pamela Stewart.



Save the date Vintage Lunch

for Kambala Old Girls from 1968 or prior

to be held on

Wednesday 23 October 2019
at Kambala

794 New South Head Road, Rose Bay
11.30am to 3.00pm

Invitations will be distributed closer to date

For more information, please email
kogu@kambala.nsw.edu.au or phone **+61 2 9388 6888**

2019 REUNIONS

Class of 2009 – 10 Year Reunion **Class of 1979 – 40 Year Reunion**

Organisers: Anna (Wilkinson) Beaver and Aja Sandoval

Date: Saturday 28 September

Time: 5.30pm School Tour followed by 6.30pm cocktail function

Venue: Kambala

Organisers: Ros Adams and Julie Wass

Date: Saturday 12 October

Time: 11.30am optional School Tour followed by 12.30pm luncheon

Venue: Kambala

Email: julieawass@gmail.com

Class of 1999 – 20 Year Reunion

Organisers: Annabelle Lowing, Peita-Maree Kazacos and Michelle Caredes

Date: Saturday 19 October

Time: 3:00pm School Tour at Kambala followed by 5.00pm to 7.00pm drinks and canapes

Venue: Paddington Inn, Oxford Street, Paddington

Class of 1969 – 50 Year Reunion

Organiser: Sally (Green) Guth and Amanda Doctor

Date: Saturday 9 November

Time: 12.00 noon

Venue: The home of Amanda Doctor

HUMANITY IN ACTION

The best of humanity is in the exercise of empathy and compassion and rising above the confines of our own lives. We are delighted to profile six Kambala Old Girls who through their actions showcase their humanity. Whether it be through actively seeking out others who would benefit from their skill and influence, or by responding to a personal circumstance in a way that helps others in similar situations, or by following a heartfelt passion these women all live a life of compassion and courage in helping others.

Anais Menounos '12

The greatest reward is to help vulnerable people in helpless situations.

After finishing my combined law degree in Milan, Italy, I travelled to Ghana to complete fieldwork in gender empowerment within a peri-urban community. This exposed me to numerous adults who had never been to school and to children who currently do not attend due to poverty.

One day a child ran up to me and begged me crying for a simple book to read. We often do not realise that there are children who are still hungry – not only for food but for knowledge. It was the boldness of this child that instilled in me the boldness to offer, not only one child a book, but as many children as possible. And so St Nicholas Mission Academy was born.

Through the generosity of our supporters, St Nic's offers a learning haven in Kokrobite, Ghana, for 60 impoverished children. With three teachers, a cook and school manager, we provide daily nutritious lunches, health care registration, books and stationery to each child completely free of charge. Running the school from Australia is not easy, but every child that we educate is the greatest motivation. To support or follow our progress, head to stnicma.org. We can all make a difference if we momentarily choose humanity over ourselves.



Kambala Old Girl, Anais Menounos '12 has founded a school in Ghana, St Nicholas Mission Academy.

Luci Sheppard '03

In 2014 I was living my best life. I was healthy, had a great job and was exploring all the UK had to offer.

Seemingly out of nowhere I was struck with a very rare illness (aplastic anaemia) that would see me move back to Australia and begin a new norm of visits to and from hospital. I endured failed treatment, a transplant, rounds of chemotherapy and a cancer diagnosis (after my transplant).

What did I do? While unable to work I tried my best to stay positive. So I volunteered with two vital organisations that give to those with similar illnesses but not as fortunate as I, in terms of access to treatments. The Leukaemia Foundation opened their arms to me, into the office where they let me help any way I could. Be it doing administrative work, helping at fundraisers, or standing by as two best mates shaved their heads and raised over \$20,000. They helped me as much as I helped them.

Maddie's Vision can't go unmentioned. They focus specifically on rare blood disorders like mine, making a huge splash in the AFL community with many sporting heroes. With them I shared my story at a celebrity-filled gala and they let me help raise much needed funds and awareness for the cruelty of rare blood disorders.

Today I write this from my first post transplant holiday (over two years ago) in Vietnam, grateful these charities exist to raise funds and help many like me get better and realise – it could always be worse.

For more information visit: The Leukaemia Foundation www.leukaemia.org.au or Maddie's Vision: www.mrv.org.au



Luci Sheppard '03 in her work with The Leukaemia Foundation in 2017.

Lindsay (Easdon) Lucas '76

I am a registered nurse, having worked in operating theatres as an anaesthetic/PACU (post anaesthetic care unit) nurse for most of my nursing career. Since leaving theatres I have worked as a general practice nurse and a nurse immuniser.

In 2014 I was moved and challenged by what was happening in Syria. In January 2016 I went to the island of Lesbos, Greece, volunteering as a nurse in a field hospital at Moria. The field hospital was a tent, no running water, camp beds for patients and volunteers from around the world – doctors, nurses, trauma psychologists and the most important of all, Farsi, Arabic, Urdu and Kurdish translators.

We looked after pregnant women, families with frostbite, colds, flu and premature babies who were born in Turkey prior to the boat crossing. Many presented with pre-existing health conditions that had been neglected due to the circumstances they were in.

In August 2017 I went to Kurdistan, Iraq. Another field hospital in an IDP (internally displaced persons) camp, outside of Mosul. In the camp, people had escaped from ISIS.

Here we looked after people who had burns from bomb blasts and missile strikes, pregnant women and people suffering from varying diseases. The haunting vacant stares of those who have been so traumatised by what they have witnessed will be something that will always stay with me.

Back in Australia, I felt I needed to give back to the local community. I seemed to be giving overseas, but what about my own backyard? We have horses that my daughters used to ride. As my girls have grown up and moved away, the horses have become paddock ornaments. We couldn't bear to sell them, as they are part of the family. Here the idea of Riding for the Disabled (RDA) for the local community came about. It is still in its infancy stages, having had many hiccups along the way.

"No act of kindness, no matter how small, is ever wasted." – Aesop



Lindsay (Easdon) Lucas '76.

Shanelle Smith '17

I am a proud Kamilaroi woman from Moree, New South Wales. I was the first girl in my family to graduate from Year 12 and the first Yalari student to graduate from Kambala.

I felt as though graduating was a stepping stone in my life and something that I believed I wouldn't have achieved. I am currently completing a traineeship in finance at the Westpac bank but I wish to study Indigenous Studies at university and hopefully give back to my community and my people and be a role model to younger Indigenous girls.

One of my biggest motivations to complete school was the suffering that Indigenous people endured and still today the stereotypical views we face. I didn't want to just be another statistic of incarceration, drug and alcohol abuse or suicide.

I am more than just a statistic and being at Kambala and being a Yalari scholar helped me see that, it opened my horizons and allowed me to voice my opinion. I was able to teach people about the beauty of my culture, our language and our heritage.

Being a good human defines you everywhere – you have to look at people from the inside to understand their story. I believe humanity is the key to justice. Humanity is essential because it guarantees we are living in a world where we don't have to walk alone, it gives us hope for equality for all people from all walks of life.



Kambala's first Yalari graduate and 2017 Yalari Valedictorian, Shanelle Smith.

Deanna Mastellone '77

As a result of my life experience I became a carers advocate for the silent sufferers of the global dementia pandemic. I was a carer for my mother who had dementia for six years. Through this period I experienced the frustration of dealing with bureaucracy trying to access a homecare package, as well as the loss of my career, health and financial security as I cared for my mother at home. I felt strongly that there had to be better strategies for carers.

As part of my advocacy, I met with the Prime Minister's Office in April 2018 to discuss my carer strategies. I was delighted to see one my ideas represented in the July 2018 announcement by former prime minister Malcolm Turnbull of \$38 million for dementia research.

I also spoke at the Royal Commission Round Table for Aged Care in September 2018 and advocated that the Terms of Reference be very broad and include homecare packages.

The role of carers is critical – carers save the government \$60 billion dollars per annum. It is for this reason that I am passionate that Australia sets the benchmark for the world in supporting carers and protecting their health and financial security. It is projected that one in three people will be diagnosed with dementia and one in 10 people will be carers. I believe very strongly that as a society we need to make sure that carers are supported so in turn they can care and support their loved ones.

I have submitted 15 documents to the Royal Commission into Aged Care Quality and Safety and have three more to submit. They are all posted on my LinkedIn page: [linkedin.com/in/deanna-mastellone-m-com-69231a4](https://www.linkedin.com/in/deanna-mastellone-m-com-69231a4)



Carers advocate Deanna Mastellone '77.

Gabrielle Openshaw '08

I am a dedicated animal rights activist and campaigner. I have worked for Animal Liberation NSW, and prior to this was a researcher in the field of evolutionary biology at the Australian National University (ANU).

I own two rescued greyhounds and one rescued thoroughbred horse. I created the primary support group for rescued greyhounds in Canberra and successfully lobbied both the RSPCA ACT and ACT politicians to end greyhound racing in the nation's capital.

I have always felt a strong connection to animals, primarily dogs and horses. As a teenager, I became fascinated with wildlife, and was obsessed with David Attenborough documentaries, and so I decided to study zoology and evolution at university. I completed my Bachelor of Science (advanced) with Honours and a Master of Philosophy at ANU. During this time, I volunteered for various research teams and published two peer-reviewed papers about the evolution of head shape in monitor lizards.

The more I learned about nonhuman animals, the more I came to see that they are here *with* us, not *for* us. I read Peter Singer's book *Animal Liberation*, as well as other philosophical pieces by Tom Regan, and these have been an ongoing source of inspiration for me. All animals are conscious; they are capable of feeling both pain and joy. They have a right to their own bodies and their own lives. With this knowledge, I feel morally obliged to stand against industries that use and kill animals for profit.



Animal rights activist and campaigner, Gabrielle Openshaw '08 with her rescue greyhound Bobby.

KAMBALA CAREERS EVENING

Brooke Kathriner, KOG Relations Manager

A good education should prepare a child for a life of learning well beyond their formalised schooling. Kambala strives to develop the academic curiosity of its students and instil in each of them, a hunger for knowledge that is carried with them well into adult life.

KOGU was delighted to support the annual Kambala Careers Evening again this year, designed to enable students to gain an understanding of post-school education.

The evening was a great success featuring over 25 tertiary education exhibitors and six Old Girl speakers from a number of specialist industries.

We are very grateful for the generosity of Kambala Old Girls Dr Airlie Chapman '01, Dr Joanna Hatzistergos '09, Maxine Verebes '11, Olivia Bates '07, Anthea (James) Balzer '08 and Amelia Gilbert '11 who provided expert insights on an array of careers (mechatronic engineering, medicine, finance, entrepreneurship, law and marketing) for the benefit of Kambala's Senior School students.



1



2



3



Dr Airlie Chapman '01, Dr Joanna Hatzistergos '09, Maxine Verebes '11, Olivia Bates '07, Anthea (James) Balzer '08 and Amelia Gilbert '11 at the 2019 Kambala Careers Evening.

1. Lawyer Anthea (James) Balzer '08 presenting to Senior students at the 2019 Kambala Careers Evening.
2. Year 11 student Olivia Cramer-Roberts at the 2019 Kambala Careers Evening.
3. Year 11 students Shu Chen (left) and Katie Yeung at the 2019 Kambala Careers Evening.

INSPIRATIONAL OLD GIRL SERIES

Luisa Gidaro '08

As part of our 120 Year Anniversary celebrations in 2016, Kambala Old Girls' Union, in conjunction with the School, developed a beautiful series of 21 images of Inspirational Old Girls. This series has been hung in the Alexander Hall to provide ongoing inspiration to students and acknowledgement of these outstanding women from different walks of life.

Earlier this year we asked for nominations from our community to add to the series. We received a number of truly inspirational nominations recognising the service of Old Girls in their professions, community, arts, sport and family life. The standard of nominations we received highlighted what an incredible and diverse community of inspirational women we have.

Kambala Old Girls' Union is delighted to announce two additions to the series for 2019, Dr Airlie Chapman '01 and Lucy (Fleming) Ricardo '82 and look forward to unveiling their portraits in the Alexander Hall later this year.

Dr Airlie Chapman '01

Dr Airlie Chapman was nominated by her 2001 classmate Anita Grinberg, for her professional excellence as a female pioneer in her field of expertise and an advocate of STEM education.

After leaving Kambala in 2001, Airlie completed two bachelor's and two master's degrees at The University of Sydney and University of Washington (UW) culminating in a PhD in Aeronautics and Astronautics at UW.

In 2017, she was appointed as the first female Mechatronics lecturer in the Department of Mechanical Engineering at the University of Melbourne.

Airlie's research is in autonomous systems with applications ranging from robotics to aerospace and from social networks to brain neuronal networks. She has a special interest in multi-agent robotics – many robots working together to achieve a task with minimal or no human involvement.



Inspirational Old Girl, Dr Airlie Chapman '01.

Airlie is currently Director of The University of Melbourne's Flight Lab and has worked with leading aerospace companies like Boeing, Lockheed Martin and NASA's JPL. She has built an international collaboration network including researchers from Caltech, Columbia University, ETH Zürich, UCLouvain, Technion and University of Groningen.

In recognition of her research she was awarded Outstanding Female Engineer Award and a College of Engineering Dean's Fellowship at University of Washington. Internationally, she is a twice recipient of an Amelia Earhart Fellowship. Her PhD thesis was awarded the prestigious Springer Thesis Prize.

She is currently a L'Oréal-UNESCO For Women in Science Fellow for her work connecting humans and robots. Her robotic work has shown broad appeal with interviews appearing in *The Age*, *Domain*, *The Herald Sun*, *Vogue Australia*, *Mamamia*, *Futurity News*, ABC Radio and on ABC News Breakfast.

Airlie is a strong advocate for STEM education with a particular interest in under-represented groups such as women and students in rural and remote areas.

Robyn Foyster '82

Lucy (Fleming) Ricardo '82

"Forget disabilities, everyone has the ability to shine on stage."

– Lucy Ricardo

Lucy Ricardo was nominated by her 1982 classmate Robyn Foyster. The ability for everyone to shine on stage is not just a beautiful sentiment, for Lucy, it was also the guiding principle behind the charity she founded in 2009.

This year marks 10 years since she launched DanceAbility – a community group which teaches people of all ages with physical or mental disabilities to dance.

Inspired after watching a TV show about two nuns, Lucy had a lightbulb moment. The next day she announced at a small gathering of Kambala friends that she was going to teach people with a disability to dance.

Despite the countless hours Lucy devoted to DanceAbility, she refused to be paid for her work. The small fees charged went to the dance teachers and making the costumes.

From its humble beginnings in a small scout hall at Clovelly, with an enrolment of 12 students and six volunteers in 2009, DanceAbility has grown into a top-class dancing school with enrolments capped at 70 participants and 20 dedicated volunteers.

Many of the young dancers who joined from their early school days have literally danced all the way through childhood into adulthood under Lucy and her volunteers' caring and watchful eyes.

Among the many tapping feet and smiling eyes is Lucy's first child, Patrick. Born with Down Syndrome, Patrick has been among the hundreds of people who have experienced the sheer joy of dancing to music.

In fact, Patrick and his DanceAbility community have performed to sell-out crowds at their annual concerts and have performed at various corporate fundraising events across Sydney. As they dance, the only thing that is clear to see is ability, ability, ability.

The benefits of the dance program are huge. The combined health benefits of exercise and the strong sense of belonging to this rich community are profound. Not to mention the positive impact it has on the extended community of family and friends.



Inspirational Old Girl, Lucy (Fleming) Ricardo '82.

"The past ten years have brought so much joy to my life and all the DanceAbility team with Wednesday nights being the highlight of our week," enthused Lucy. "The buzz of the dance class, the meet and greet as students enter the studio, the cuddles, the kisses, the laughs, the high fives and the occasional tear have been part of the weekly experience."

"I've learnt about tenderness, love, patience and hope. Often I would look around the studio and feel the buzz and enthusiasm and how all the volunteers and participants were energised. We all loved the response to new routines, new music and watching the gorgeous interactions and friendships blossom."

This is the special gift Lucy has given with grace, humility and love in her heart to the DanceAbility community and it is one which will remain her enduring legacy.

When asked how she felt about being honoured by Kambala, Lucy said: "What can I say – I feel honoured, flattered and truly humbled. Without Patrick, I probably wouldn't be the person I am today and celebrating the achievements of the past decade."

KOGU GRANT 2019

Judy Playfair '71

KOGU is excited to announce the launch of the KOGU Grant, to be available by application to current students from Year 9 to Year 12, 2019. It is envisaged that this Grant will provide students access to the many additional opportunities available at Kambala through participation in a range of sports, extra curricular activities, music and subject-specific tours, for which the costs are on top of school fees.

A subcommittee of KOGU has worked together with representatives of the School Council's Scholarship and Bursaries Committee to develop a framework for the KOGU Grant, honouring our vision of providing access to the opportunities at Kambala which may not be accessible to all students, due to financial limitations.

The KOGU Grant can be applied for by any student in Years 9 to 12, reflecting the age and time when students begin to pursue individual strengths and interests. As part of the application process, students will be required to submit an outline of the program/request, why they need assistance and the benefit they envisage from their participation. Once the Grant is awarded, successful students will receive funds towards their application for the current calendar year.

We are delighted that through the KOGU Grant more girls will have the opportunity to participate in the full experience offered by Kambala that so many of us have been fortunate enough to enjoy.

Students in Years 9 to 12 who would like to apply for the KOGU Grant in 2019, should contact Cath Scott via email on cath_scott@kambala.nsw.edu.au for an application form, which should be submitted by 31 August 2019.



TANGLES AND KNOTS

Brooke Kathriner, KOG Relations Manager

We were delighted to welcome award-winning filmmaker Renée Marie Petropoulos '08 back to Kambala in March for a special Director's Screening of her internationally acclaimed short film *Tangles and Knots*.

After graduating from Kambala in 2008, Renée began her interest in film with a bachelor's degree in communications at the University of Technology Sydney (UTS), before broadening her horizons by pursuing her Master of Fine Arts (MFA) graduate degree in filmmaking at Columbia University.

Her thesis film, *Tangles and Knots* (2017), has gone on to receive international acclaim and was nominated for the AACTA Award for Best Short Fiction Film 2018. Renée also won the 2019 Flickerfest award for Best Direction in an Australian Short Film.

A short film drama set in the height of summer in Sydney, *Tangles and Knots* explores a sticky, intimate bond between mother and teenage daughter who behave more like best friends. When the mother tries to help her daughter make new friends by hosting a party at their family home, their relationship becomes threatened and ultimately unravels throughout the night.

Renée has always been drawn to female-driven stories and the themes explored in the film have consistently marked her work to date: female sexuality, ageing and the fluidity of family roles. The screening at Kambala was followed by an insightful and thought provoking Q&A facilitated by director and producer Hattie Archibald '07.

We look forward to watching the careers of both of these talented young women.



KOGU President Jane Poole '79, Renée Marie Petropoulos '08 and Hattie Archibald '07 at the *Tangles and Knots* Director's Screening in March.

NOTICES

BIRTHS

Danielle (Beck) Kabilio '92 and her husband Miguel are proud and overjoyed to announce the birth of their first child, Elliana Simcha Kabilio, born on 21 February 2019. Her name means 'God has answered'.

Katy (Slack) Oswin '99 and her husband Tim Oswin welcomed Sophie Joyce Oswin into the world on Saturday 9 February 2019 in London. Sophie's middle name, Joyce, is in memory of her great-grandmother, Joyce Blok, mother of Juliana (Blok) Slack '61, who died in her 100th year in January. Sophie is a sister for Isabel, born 25 August 2017.

ENGAGEMENTS

Congratulations to **Lauren Silvers '07** and Jack Warwick on their engagement which took place on Jack's birthday in the Blue Mountains in May 2018. They will be getting married in November 2019 in Kangaroo Valley.

MARRIAGES

Congratulations to **Hattie Archibald '07** who married Nic O'Connor on 16 March 2019 in Gundy, NSW. Three of Hattie's bridesmaids were also Kambala Old Girls, including her sister Juliet Archibald '11, sister-in-law Maddie (McComas) O'Connor '07 and Verity Scandrett '07.

Congratulations to **Stefanie Isakidis '00** who married Brad Cady in November 2018 at St Michaels Greek Church in Crows Nest. Attending the wedding were Old Girls Natalie Papageorgiou, Miranda Liu and Alexandra White who were all Class of 2000.

Congratulations to **Chloe Jack '07** who married Nicholas John Rodger from Strathaven, Scotland at St Philip's Church, Sydney on 2 February 2019. The wedding was attended by Mrs Elaine Kaye and a number of Kambala Old Girls from the Class of 2007, including Sharon Chan, Ellen Ehrhardt-Smith, Alice Furber, Alison Le, Astin Kloeckner, Melanie Robson, Amanda Southee, Mikaela Squirchuk and Maree Zaferis.

Congratulations to **Annie Handmer '11** who married Hunter Smith in the Hunter Valley on 20 April 2019. A number of Old Girls attended the wedding including Georgina Dixson '12, Josephine Ginty '11, Maxine Verebes '11, Rebecca Zhou '11, Tegan Heynes '11, Carmen Lee '11, Grace Franki '13 and Helena Hu '13. Also in attendance was former Kambala Principal Mrs Margaret White (2000-2013) and her husband James.



1. Engaged couple Lauren Silvers '07 and Jack Warwick.
2. Baby Sophie Joyce Oswin, daughter of Katy (Slack) Oswin '99 and Tim Oswin
3. Hattie Archibald and Nic O'Connor on their wedding day. Three of Hattie's bridesmaids were Kambala Old Girls from left to right. Back row: Verity Scandrett '07, Maddie (McComas) O'Connor '07 and front row standing Juliet Archibald '11
4. Annie Handmer and Hunter Smith on their wedding day in the Hunter Valley.
5. Baby Elliana Simcha Kabilio, daughter of Danielle (Beck) Kabilio '92 and Miguel Kabilio.

NOTICES

DEATHS

Marilyn (McCathie) Chapman '50 passed away on 28 January 2019 aged 86. Marilyn was Head Girl and Captain of Wentworth House in her final year. She was the older sister of Joanna (McCathie) Fleming '56 and one of many cousins who attended Kambala at the time. Her three daughters, Judy (Chapman) McComas '73, Sarah (Chapman) Roberts '75 and Annabel (Chapman) Lomax '80 also attended Kambala, as did eight granddaughters: Emma (Smith) Collet '01, Kate (Smith) Hay '05, Sophie (McComas) McComas-Williams '05, Madeleine (McComas) O'Connor '07, Alice McComas '09, Amy Lomax '11, Lucy Lomax '15 and Mia Chapman presently in Year 6.

Marilyn was very proud of such a strong family tradition at Kambala and took a keen interest in the school all her life. She maintained contact with many of her Kambala friends until her death.

Penny Cook '74 passed away on 26 December 2018. I can't remember when Penny and I became friends. It was forever ago. We holidayed together, sailed together, lived in each other's houses. I was in awe of her long straight Marcia Brady hair. And her kindness. When she started at Kambala, we 'hung out' with different groups. She was a Deputy School Captain, I was in detention. She was passionate about the stage, something I never understood. This passion shaped her entire life. Too young to be accepted at NIDA, she did a year's

training as a physiotherapist ... an appropriate career for young women of that time, before she started her stage career. Over the next 40 years, we watched each other's lives from afar, but the bond between us never broke. It was Penny who was always the first person who contacted me when things got wobbly. Just last year, delivered to my boat in Indonesia, was a jar of homemade cumquat marmalade that Penny had made, just for me, from the cumquat tree in her garden. Her kindness extended to all parts of her life. Fame was not what she sought, it merely paid the bills. Her Logie propped open the toilet door. Theatre for the young, the hearing impaired was more important. She mentored hundreds of young actors, and asked for nothing in return. Her life was private, off limits to all, but she was there for so many of us. It was no surprise that over 2,000 people turned out to celebrate her voyage in this life. A mother, a wife, a star, a household name to so many – Penny was my oldest friend. I miss her deeply. Amanda (Lewis) Zsebik '74.



Betty-Jane (Gribbin) Lloyd '40 passed away on 12 December 2018 aged 94. Betty-Jane was a boarder at Kambala from 1934 to 1940. Her three daughters Suellen (Lloyd) Ross '63, Sandy (Lloyd) Pearce '65 and Sarah (Lloyd) White attended Kambala as day girls and followed the Gurney tradition. Betty-Jane was President of the Kambala Old Girls' Union from 1960 to 1961 during which time she organised the Archibald Prize-winning artist, Henry A Hanke, to paint Fifi Hawthorne's portrait. This portrait is still proudly displayed in the Tivoli Building at Kambala today.

Betty-Jane lived in Palm Beach and was happily married to Jack Lloyd for 70 years. Her 10 grandsons and seven great grandchildren have enjoyed her many stories about her happy years at Kambala and her valued lifelong friendships.

Tristan Low '83 passed away on 15 January 2019. Sister of Jonty Low '89 and Dani Low '87.

Mario Bartalesi, father to **Gina (Bartalesi) Willison '85**, was born in 1923 in Florence, Italy (his first home) and passed away in 2018 at his home in Bellevue Hill, Sydney, Australia (his second home). He is survived by his wife Thelma, son Richard, daughter Gina, and his three grandsons.

1. Stefanie Isakidis '00 and Brad Cady on their wedding day.
2. Friends for life. From left to right: Virginia Hodgson '74, Amanda (Lewis) Zsebik '74, Penny Cook '74 and former School Council President, Sally Herman '74 in 1975.
3. Chloe Jack '07 and Nicholas John Rodger on their wedding day.



*“Kindness and compassion
are at the core of what it
means to be humane.”*





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